

Seven Habits of Highly Effective Teens

Grades:	8th (mature) – 12th
Prerequisites:	Students should be able to write a five-paragraph essay
Day of Week:	Tuesday
Time of Class:	11:00 am – 12:30 pm EST
Length of Class:	10 weeks
Semester:	Spring
Tuition:	\$250.00
High School Credit:	.5 English or .5 Elective

Class Dates:

Week 1: Week of March 28

Week 2: Week of April 4

Week 3: Week of April 11

No classes: Week of April 18 – 22 (Spring Break: Passover and Easter)

Week 4: Week of April 25

No classes: Week of May 2 – 6 (Eid Al Fitr)

Week 5: Week of May 9

Week 6: Week of May 16

Week 7: Week of May 23

Week 8: Week of May 30

Week 9: Week of June 6

Week 10: Week of June 13

Make Up Week: Week of June 20

Instructor's Name:	Jonathan Meola
Instructor's Email:	jonathan@opententacademy.com
Instructor's Phone:	305-906-2897
Instructor's Whats App:	305-906-2897

Description of Class:

Imagine you had a road map – a step-by-step guide to help you get from where you are now to where you want to be in the future. Your goals, your dreams, your plans.... they are all within reach. You just need the tools to help you get there.

Together, the students will explore the timeless principles of the seven habits to the tough issues and life changing decisions teens face. They will learn how to improve self-image, build friendships, resist peer pressure, achieve their goals, get along with others (including parents!) – as well as tackle the new challenges of our time – like cyberbullying and social media. This class will be indispensable for teens!

This is a high school ½ credit English semester. Students will participate in pre-reading, analyzing and post-reading discussions. Students will write informal short essays, formal essays as well as have some quizzes and a mid-term and final.

Class Approach:

The class will be a combination of reading comprehension, discussion, writing, lecture and projects.

Textbook:

The 7 Habits of Highly Effective Teens

By Sean Covey

https://www.amazon.com/Habits-Highly-Effective-Teens/dp/1476764662/ref=sr_1_2?crid=3PI1FZSTQXXE4&keywords=7+habits+of+highly+effective+teens&qid=1579987639&srefix=7+habits+of+%2Caps%2C163&sr=8-2

Additional Supplies/Resources Needed:

- Spiral Notebook (1 Subject, 100 pages) OR binder with notebook paper
- Pen / Pencil
- Access to computer
- Access to internet
- Access to printer
- Printer paper
- Printer ink

Weekly Homework:

Approximately 3 – 4 hours weekly. This will consist of reading and responding to informal writing (rough draft - journal form) prompts, researching and possible quizzes.

Additional Policies:

One hundred percent effort, honest and politeness are expected in class.

Evaluation:

Exceeds Expectations

Meets Expectations

Not There Yet

Incomplete

NOTE: Letters grades will be provided IF parents request it by week four of the class.

Anticipated Weekly Course Schedule:

Week	Topic
Week 1	Introduction of the Seven Habits What is a Paradigm? Types of Paradigm Principals
Week 2	Personal Bank Account Deposits to Personal Bank Accounts
Week 3	Habit One: Be Proactive
Week 4	Habit Two: Begin with the End in Mind
Week 5	Habit Three: Put First Things First
Week 6	Habit Four: Think Win-Win
Week 7	Habit Five: Seek first to Understand; Then to be Understood
Week 8	Habit Six: Synergize
Week 9	Habit Seven: Sharpen the Saw & Keep Hope Alive
Week 10	Wrap Up Projects and More!