

# Introduction to Psychology

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<b>Grades:</b>	<b>10<sup>th</sup> – 12<sup>th</sup></b>
<b>Day of Week:</b>	<b>Thursday</b>
<b>Time of Class:</b>	<b>1:00 pm – 2:30 pm ET</b>
<b>Length of Class:</b>	<b>20 weeks</b>
<b>Semester:</b>	<b>Fall 2021 and Winter 2022</b>
<b>Tuition:</b>	<b>\$400.00</b>

## Class Dates:

### Fall

Week 1: October 4

Week 2: October 11

Week 3: October 18

Week 4: October 25

Week 5: November 1

Week 6: November 8

Week 7: November 15

**No Classes: November 22- November 26 - Thanksgiving Week**

Week 8: November 29

Week 9: December 6

Week 10: December 13

Make Up Week: January 3

### Winter

Week 1: January 10

Week 2: January 17

Week 3: January 24

Week 4: January 31

Week 5: February 7

Week 6: February 14

Week 7: February 21

Week 8: February 28

Week 9: March 7

Week 10: March 14

Make Up Week: March 21

<b>Instructor's Name:</b>	<b>Joleen Sierra</b>
<b>Instructor's Email:</b>	<b>insightedservices@gmail.com</b>
<b>Instructor's Phone:</b>	<b>276-206-5094</b>

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## Description of Class:

Welcome to Psych 101!

This class will introduce the student to all the main concepts in psychology. Students will explore theories and think critically about all the psychological processes that contribute to human behavior. This class will cover all topics included in the AP Psych Exam. Please check with your local school district or AP exam coordinator if interested in taking the exam in the spring.

## Class Approach:

This class will be lecture and discussion based. Students will be encouraged to think critically and participate in discussion of topics. Students will have the opportunity to analyze case studies and come up with a diagnosis for each. They will also develop a presentation on the psychological disorder they've chosen.

## Goals:

Student will display considerable understanding in the following areas:

- Foundation of Psychology
- Scientific Methods in Psychology
- Biopsychology
- Sensation and Perception
- Learning
- Cognitive Psychology
- Developmental Psychology
- Motivation and Emotion
- Personality
- Clinical Psychology
- Social Psychology

## Textbook:

Psychology (12<sup>th</sup> ed.) David G Myers and C. Nathan DeWall

Just the textbook is recommended, not the entire LaunchPad. If you need assistance finding it at a reasonable price please contact me.

## Additional Supplies/Resources Needed:

- Webcam
- Printer
- Pen/Pencil
- Notebook

## Requirements:

Students will be required to participate in class discussions. Taking notes will be encouraged. Students will be required to complete all assignments in a timely manner.

## Weekly Homework:

Approximately 2 - 3 hours outside of class should be expected weekly for assignments and studying.

## Homework Policy:

All homework assignments will be due prior to the next class. If a student needs additional help or time, please feel free to contact me.

## Evaluation:

Quizzes to check for understanding of concepts – Total of 20%

Study guide to be completed throughout the course -10%

Mid-Term Test – 20%

Final – 20%

Case Studies – 10%

Presentation on Psychological Disorder– 10%

Paper on chosen topic – 10%

## Anticipated Weekly Course Schedule:

### Fall 2021

Week	Topic
Week 1	What is Psychology? Scientific Foundations of Psychology
Week 2	Research Design; Statistical Reasoning
Week 3	Biological Basis of Psychology
Week 4	Biological Basis of Psychology (cont.)
Week 5	Sensation and Perception
Week 6	Intro to Learning Theory: Classical and Operant Conditioning
Week 7	Memory and Intelligence
Week 8	Intelligence (cont.);
Week 9	Lifespan Development: Prenatal through Childhood
Week 10	Lifespan Development: Adolescence through Adulthood

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<b>Week 11</b>	Basic Motivational Concepts
<b>Week 12</b>	Emotion and Stress
<b>Week 13</b>	Personality Theories
<b>Week 14</b>	Personality Theories (cont.)
<b>Week 15</b>	Social Psychology
<b>Week 16</b>	Social Psychology (cont.)
<b>Week 17</b>	Intro to Clinical Psychology
<b>Week 18</b>	Psychological Disorders
<b>Week 19</b>	Classifying Psychopathology (Using the DSM-V)
<b>Week 20</b>	Psychotherapies

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